

Blood Drive



Because of you, life doesn't stop.
VitaToLife

Sponsored By: Temple Israel & Jewish Center

Sunday, March 6, 2022
8:30 am - 2:30 pm

Kiddush Room
475 Grove St.
Ridgewood, NJ 07450

Appointments strongly recommended.

You may make an appointment using the link below or QR code:
https://donor.cbsblood.org/donor/schedules/drive_schedule/54992

Donor Guidelines:

- * ALL DONORS ARE REQUIRED TO WEAR A MASK
- * Weigh at least 110 lbs.
- * Eat a meal before donation
- * Bring ID
- * Drink plenty of water before and after donation

Ann
BLOOD RECIPIENT:

"I wish I could tell my donor how grateful I am for your selfless act. You may have wondered what became of your donation well, it saved my life."



vitalantSM



For more information or to schedule a donation, call 1.877.258.4825 or visit us at vitalant.org

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